



Empowered through challenge



Langley Park School for Boys

SIXTH FORM BULLETIN - VOLUME 2

Friday 23rd February 2024

Now that we are coming towards what we call the business end of the academic year I would firstly like to congratulate all of our Year 13 students who conducted themselves very well during the TES examinations. We are looking forward to celebrating your success in the results assembly in the next few weeks.

With the start of the Men's Mental Health Society next week I would like to encourage as many of you as possible to take advantage of our "4th plinth" display board. The idea comes from the 4th plinth in Trafalgar Square whereby different artists display their work for a fixed period of time. Last term we added another display board to the sixth form area. Currently the girls' rugby squad are using the board to promote girls sport. In the next few weeks this will be replaced with a display by Langley Performing Arts. If you would like to use this space to display something that would be of interest to the Sixth Form then please see Mrs Cross, our Sixth Form Secretary in Room 101.

Mr Edwards

Director of Sixth Form



Year 12 - New Assistant Head of Year

My name is Mr Gallagher, and I am thrilled to introduce myself as the new Assistant Head of Year 12, I am looking forward to working alongside and getting to know you all.

As the Assistant Head of Year 12, I am dedicated to fostering an environment that promotes academic excellence, personal growth, and overall well-being. While my primary subject area lies within Economics and Business, my responsibilities extend beyond the classroom. I am committed to supporting each and every one of you throughout your journey in Year 12, whether it be through academic guidance, pastoral care, or simply lending a listening ear. Please do not hesitate to reach out to me if you have any questions, concerns, or ideas that you would like to discuss.

Best wishes, Mr Gallagher

PSCHE

Year 13 RSE Day

On Thursday 1st and Friday 2nd February, Year 13 took part in their compulsory Reproduction and Sex Education sessions. These were run by the School of Sex Education. Students took part in three workshops across the day. These focussed on issues surrounding consent, relationships and general sexual health. The School of Sex Education were hugely impressed with the engagement and maturity of our students.

A special mention goes to the following students who were recognised by their Tutors for having exceptional engagement across the day. They each received a mini Haribo reward (if they have not yet collected their reward, they can see Miss Parr in room 201).

Amy Weeks, Luke Philpotts, Finlay Pierce Thomas Adams, Andreas Malekos, Sandra Barnes-Palma

William Shilling, Charlie Rider, Robin Wong, Adrian Gjonca, Grace Marshall and Abby Turner

Gracie Rogers, Chiara Brett, Bella Wilson, Liv Puch, Arinola Williams, Amy Kavanagh, Alex Sanni

Ashley Hurworth, Alex Broad, Ciara Beavers, Adam Swaton

Oscar Jasper, Krystian Abramek, Ali Hussein, Harry Burgess, Eddie Haddaway

Isabella Bruguier, Lily Slaymaker, Will Kay, Luc White, Elliot Tompkins, Alfie Morrison, Harry Sliwka, Matthew Grimes, Ben Clarkson

Miss K Parr

Head of KS5 PSHE

Attendance

Attendance Superstars



Congratulations to the following Sixth Formers who have achieved 100% attendance.



Armstrong, Scarlett-Mae	12E
Babatunde, Emmanuel	12D
Bartley, Kieran	12K
Bellars, Hannah	12B
Coates, Abigail	12L
Coussens, Adam	12D
Dobson, Toby	12A
Gallagher, Sean	12M
Goslin, Lawrence	12D
Hatagan, Remus	12M
Hill, Tirion	12F
Killick, James	12L
Lloyd, Jake	12D
Lott, Sadie	12C
O'Donnell, Robert	12H
Russell, Amelia	12M
Senthikumar, Ethan	12K
Temmel, Rudolph	12M
Thatcher Spence, Jamie	12F
Tunon Gonzalez, Luca	12D
Vaughan, Alice	12G
Warwick, Jade	12M
Webster, Adam	12L
Whight, Dominic	12L
Yildiz, Eren	12K

Addison, Jake	13A
Akartuna, Tolga	13J
Alders, Amelia	13A
Alves De Almeida, Maria	13E
Benson, Oliver	13E
Berry, Katherine	13L
Bruguier, Isabella	13M
Callado, Sean Michael	13B
Cook, Adam	13H
Fraser, Ella	13G
Furzer, Grace	13J
Gjonca, Adrian	13F
Green, Joseph	13K
Hadaway, Edward	13L
Hills, Phoebe	13G
Ingram, Shilo	13J
Karam, Mia	13F
O'Leary, Summer	13H
O'Sullivan, Patrick	13F
Rogers, Gracie	13G
Thomas, Rhys	13F
Whiteley, Roan	13F
Zaima, Sarah	13F

Boosting your Performance

Before the half term, Mr Butterworth delivered an online assembly about **metacognition**. Metacognition is a complex sounding word, but it essentially means **thinking and knowing explicitly about how you learn and actively monitoring your own learning**. This means learning from the process to help you to reach your goal.

It therefore requires **self-regulation**. This means **actively thinking about what you do about your learning**. For example, **monitoring, evaluating and controlling your own learning - making changes and adjustments in order to achieve success**.

It is worth noting that: *“Metacognition makes a unique contribution to learning over and above the influence of intellectual ability. **Learners who use metacognitive strategies are likely to be able to achieve more.** Research shows that improving a learner’s metacognitive practices may compensate for any cognitive limitations they have.”*

Year 13

Well done to our Year 13 students, the majority of whom have completed their final Trial Exam Series. **How can they use metacognitive strategies now?**

It is important to consider the following questions for each of their subjects:

- Did I complete the exam paper? If not, why not?
- Did I try every question? If not, why not?
- Is timing an issue?
- Is stamina an issue?
- Where are my gaps?
- What needs to change?

What can be done differently?

This **self-awareness is key to making improvements** for the forthcoming public exams.

Year 12

Year 12 students are already preparing for their first Trial Exam Series, which commences at the end of April. **How can they use metacognitive strategies?**

It is important to consider the following questions for each of their subjects:

- How is this going?
- Is my approach working?
- Do I need to change anything?
- Do I need to think differently?
- What are my strengths?
- What are my weaknesses?

It is also useful for parents and carers to ask their son or daughter the above questions, to help them to monitor progress and so that students can make continual improvements.



Bromley Rotary Club Youth Awards

The Bromley Rotary Club Youth Awards took place in our performance hall on Friday 26th January. These awards are to recognise and celebrate young people's contributions to the community. Five students from our sixth-form attended the event to receive their award.



Matas Seilius, Emily Taylor, Audrey Blanco and Clara Beevers received a joint award for volunteering at the Bethlem Hospital Community Centre. They have been volunteering weekly after an extensive training programme which prepares them to work with mental health patients.

They are on befriending scheme where patients with learning disabilities and/or mental health needs come into the café where they can take part in activities arranged by the students. The students coordinate the activities, arranging and leading small creative and social activities such as making jigsaws, playing pool, playing cards and organising bingo sessions, and helping at the Christmas party.

They have been there for the patients to talk to and have become very well known by the patients who regularly ask for them and some would make a point to come every week knowing that they would be there.



James Wickham received his award for volunteering as a Beaver leader for the last four years. He helps run activities and plan the upcoming weekly sessions. He helps and guides the Beavers when working towards their next badges as well as teaching them new skills and sports. When new Beavers join, he makes sure they are included in all the activities.

Societies and Clubs...



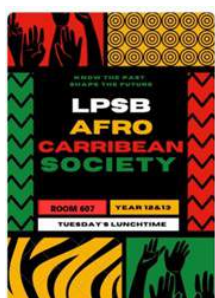
A Sixth Form-led Men's Mental Health Society:

When: **Wednesday lunchtimes**

Where: **RM 557**

'Together, we break the stigma surrounding men's mental health and foster a community that understands and uplifts. Join us in embracing vulnerability, sharing experiences, and cultivating resilience. Let's redefine what it means to be strong, together.'

This will be a safe space for all sixth form students whereby the importance of men's mental health is paramount.'



- ◆ All Sixth Formers welcome
- ◆ Interesting topics/current affairs relating to Black people and culture.
- ◆ Challenging and fun debates
- ◆ Tuesdays 1.15— 2pm **Rm607**



Med Prep Society

For aspiring doctors, dentists and vets

We meet on Thursdays in **Room 309** at 1.15pm.

You must be studying A Level Chemistry if you want to apply for medical, dental or vet school.

- Do you want free biscuits?
- Do you want to come to joint events with LPGS?
- Do you want to engage in student-led discussion
- Join us Wednesdays in **Room 619** at lunchtime (bring your own lunch)



- ◆ Starting after half term
- ◆ All year groups welcome
- ◆ 3.10pm—3.50pm Tuesdays
- ◆ **Room 202**
- ◆ See Mrs Huseyin for more details.



MAYOR OF LONDON

Design Future London



- ◆ **LPSB Christian Union**
- ◆ Tuesdays 1.15pm— 1.45pm
- ◆ **Room 561**
- ◆ Discuss the Christian faith
- ◆ Hear from external speakers
- ◆ Consider the Bible
- ◆ Pray and reflect



If you are interested in sports, please click here for a list of clubs available to you this Spring:-

[Extra Curricular Sports Timetable—Sixth Form Clubs Spring 2024](#)

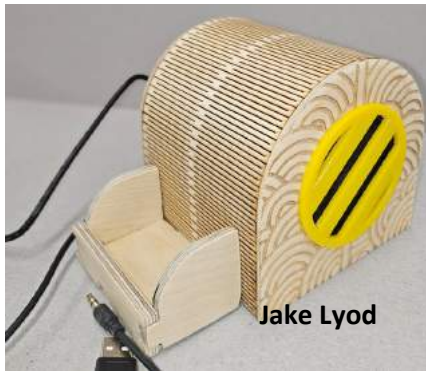


Year 12 Engineering Students

The Year 12 Engineering students were given a brief to design and manufacture an amplifier. The students used various design movements to create unique design styles, including Art Deco and Art and Craft Movements. The challenge was to create a curved shape using the materials available, as well as create a second function for the amplifier. I am really pleased with the outcomes of the students. Well done Engineers!



Alex Donnelly



Jake Lyod



Harry Archer



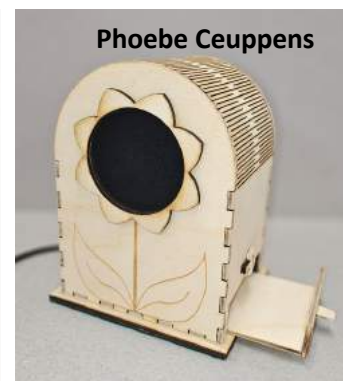
Charles Mpoza



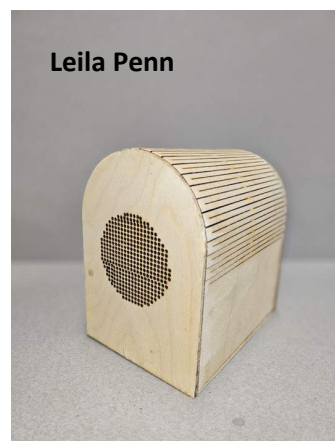
Noah Easington-Williams



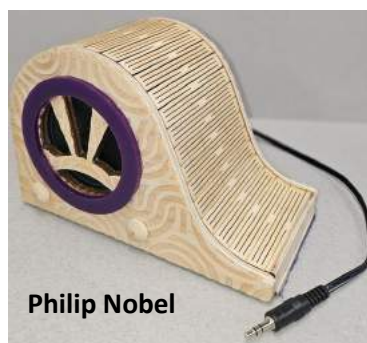
Reece Widdis



Phoebe Ceuppens



Leila Penn



Philip Nobel



Jamie

Next Steps



Careers Fair

On Tuesday 5th March we are holding our annual careers fair from 8- 3 pm. We have over 60 organisations attending including Universities and Industries such as: Insurance, IT, Recruitment, Publishing, Police, Banking, Employment Services, Health care, Sport, Law, Commercial / Property Real Estate, Teaching, Hospitality, Creative, Engineering, Construction, Music, Engineering, Aviation, Charities, Accountancy, Media and many more!

Year 12 will be visiting the Fair between 9:45 and 11:35 and Year 13 between 11:35 and 1:05. You will be given the specific time within that window. Please do attend as it's a fantastic opportunity to Network!

Families- We have a few gaps in some sectors such as Agriculture, Leisure, Fashion, AI, Veterinary Science and Dentistry. If you can support the school by attending on behalf of your company, please email us at

careers@lpsb.org.uk. Thank you!

Next Steps



Target Bath is a free programme that supports students of Black African and Caribbean heritage to gain places at the University of Bath, together with the opportunity to gain an alternative offer.

The programme is open to UK-based students in Year 12.

Students accepted onto the programme will have achieved 5 or more GCSEs at grades 9, 8, 7, or 6 and will be academically able to study at Bath in their chosen subject.

Application Deadline: 23:59 on the 25th February 2024

[**APPLY HERE**](#)



Vantage Explore Law

This online programme will run from the spring term of Year 12 to the end of Year 13. It is a great opportunity for students to gain an insight into what a career in commercial law involves and network with some of the top leading law employers before starting university. The programme involves ten online workshops across Year 12 and 13.

To be eligible students must be currently in Year 12.

For more information and to apply: <https://www.vantageapp.io/programmes/explore-law>

Applications close on Sunday 24th March, 5pm

Next Steps



Oxford Virtual Y12 BAME Humanities Study Day

This insight day is for Year 12 students from UK who have Black, Asian or Minority Ethnic (BAME) heritage will take place on **4th April 2024**, on **Microsoft Teams**, from **9am to 3pm**.

Participants will get the chance to:

- Explore Humanities subjects
- Take part in university-style academic sessions
- Learn about applying to Oxford University

Hear from current undergraduates about student life



For the academic sessions, participants will be able to choose two from the following subjects: Classics, English, History, History of Art, Modern Languages, Music, Asian and Middle Eastern Studies, Music, Philosophy or Theology.

Apply here by **25th February 2024**: bit.ly/BHSD2024-Apply

For more details, please see the [Magdalen website](https://magdalen.ac.uk). You can also email outreach@magd.ox.ac.uk with any questions!

Next Steps

Apprenticeship News.....

Apprenticeship Listing



Local digital marketing company 'digi-learning' have put together this document for those of you applying to apprenticeships.

Please connect with them on social media for even more opportunities - they will also be at our **careers fair on 5th March!**

When going through this document please pay attention to the following:

Location of apprenticeship

Application deadline

Start date of apprenticeship

<https://docs.google.com/spreadsheets/d/1SkR2LCUG2ZR19JeSGPusmzz2XrDz8dy2kINh4cn2KXc/edit?usp=sharing>

Apprenticeship Opportunities with McGill

Insurance broker McGill has just published four Apprenticeship opportunities:

Broking Apprentice

Finance apprentice

Marketing Apprentice

Technology Apprentice



[Careers \(myworkdayjobs.com\)](https://myworkdayjobs.com)

Music and Drama Spotlight



Huge congratulations must be extended to all the members of our Sixth Form who either performed or were involved back stage in the fantastic production of **Singin' in the Rain** which played to delighted audiences before half term.

Firstly a special mention to the musicians who took us through the score so brilliantly.

Violin: Monty Morris

Cello: Seb Maynard and Jake Addison

Saxophone: Eoin Moore and Sam Bodley-Scott

Oboe: Oliver Sowter

Trumpet: Oliver Nikolla-Casado

Trombone: Buster Guy

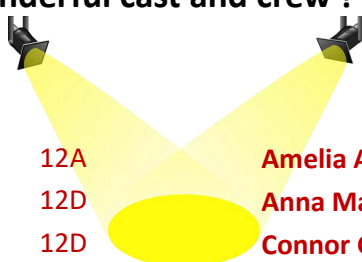
Piano: Guilly Allen-Suarez



Music and Drama Spotlight



...and of course our wonderful cast and crew ! Well done everyone!



Izzy Bega 12A
 Barney Thomas 12D
 Evie Kaniel 12D
 Pearl Apaw 12D
 Angela Foronda Oreiro 12E
 Lorena Higgins 12E
 Ava Martin 12F
 Ines de Miguel 12F
 Charlotte Breen 12G
 Leo Duggan 12G
 Charlie Conboy 12H
 Daisy Mercer 12H
 Edith McAuliffe 12H
 Florence Riches 12H
 Jack Showell 12H
 James Wickham 12H
 Tia Duggan 12H
 Martha Eddowes 12J
 Oscar Child 12J
 Aidan Dowling-Dop 12K
 Amelia Harris 12K
 Grace Gibson 12K
 Marissa Ioannou 12K
 Elizabeth Rump 12L
 Joseph Faint 12L
 Marvin Gordon 12L
 Claire Eisentraut 12M
 Nathan Hallam 12M
 Grace Grinham 12M

Amelia Alders 13A
 Anna Manoukou-Kombo 13A
 Connor Gee-Woolger 13A
 Macy Heath 13A
 Stan Clark 13A
 Luc White 13C
 Tom Adams 13C
 Eve Slater 13D
 Charlie Rider 13E
 Bella Wilson 13G
 Harry Williams 13H
 Kitty Neighbour 13H
 Nathaniel Bates Fisher 13H
 Nell Fry 13H
 Quinn Murphy 13H
 Ciara Beevers 13K
 Eliza Fox-Mella 13L
 Harry Burgess 13L
 Savannah Leslie 13L
 Harry Sliwka 13M
 Tilly Wade 13M
 Will Kay 13M



Music and Drama Spotlight

LANGLEY FESTIVAL OF MUSIC 2024

Langley Park School for Boys

18th- 23rd March 2024

www.ticketsource.co.uk/lpcpa



Please see attached PDF brochure giving details of this fabulous festival which has something for everyone! [Book now to avoid disappointment.](#)



Captain's Corner...



The School Captains and Vice Captains would like to congratulate all the Year 13s for finishing the TES period, and recognise the tremendous hard work that has been done across the year group over the last few weeks.

A word from the Library...

A friendly reminder from the library to please return any laptops at the end of the day in order for them to be charged fully for the next day. Thank you.



Dates for your Diary.....2024



Annual Careers Fair	Tuesday 5th March
Year 13 Results Assembly	Monday 11th March
Year 13 Parents Evening	Wednesday 13th March
Langley Festival of Music	18th—23rd March
Year 12 UCAS Discovery London 2024	Tuesday 19th March
Year 12 Trial Exam Series	22nd—26th April
Year 12 Parents Evening	Wednesday 22nd May
Year 12 Work Experience	Monday 17 June — Friday 21 June

Schoolgateway

We would strongly encourage you to access School Gateway which is an excellent way for the school to communicate with parents. School Gateway will notify you if your child receives an achievement or behaviour point. You can also view their attendance record and their report card, amongst other benefits.

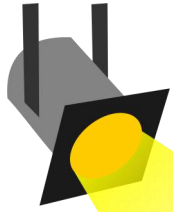
Parents and Students can access [School Gateway Login](#) or by downloading the app if you have a smartphone.



Creating an account is simple and will take no more than a couple of minutes:

1. Register using the same email address and mobile number held by the school
2. School Gateway will send you a text with your four digit PIN

Login, you are ready to go!



ALUMNI SPOTLIGHT ON.....

Fraser Beard



During his time in the Sixth form, Fraser studied Chemistry, Biology & Psychology. He was an active member of the Med Prep society which provides students with the additional support needed to apply for degrees in medicine, dentistry, and veterinary medicine. Fraser committed himself to endless hours of extra work experience in hospitals to secure the necessary experience to give him a strong application for medicine.

After his time at Langley Park, Fraser took a gap year and worked within the NHS before starting his MBBS medical degree at Hull York Medical School

Currently he is in his third year and is on a placement at Scarborough General Hospital- working in cardiology and respiratory medicine.

Here is Fraser receiving an award at university for getting the highest increase in exam results.

In his spare time, Fraser takes time out of his busy schedule for sea swims!

Fraser aspires to completing an elective in “rural medicine” in the Highlands of Scotland to get to see a completely different side to healthcare. He would like to work in remote areas.

Fraser continues to support the students here at LPSB Med Prep whenever he can, and he will pop by this summer to share his experiences with them.

Med Prep Society

For aspiring doctors, dentists and vets!

We meet on Thursdays in Room 309 at 1.15pm.

You must be studying A Level Chemistry if you want to apply for medical, dental or vet school.



Absence Reporting

- ◆ If you are going to be absent from school it is your responsibility to make sure that the school is contacted on the day of the absence. **Please ask a parent/carers to inform the school by 9.00am**

Contact Ms Dell on 020 8639 4705 or email adell@lpsb.org.uk

Punctuality

- ◆ You **must** register punctually at 8.20am every morning and at 1.05pm every afternoon.
- ◆ If you arrive late, you **must** sign in at the late desk in the Sixth Form Study Centre. Failure to do so will result in you receiving an unauthorised absence mark.
- ◆ If you are 20 minutes late in the morning you will be given a blue card which will mean a 30-minute detention after school.

Lanyards

- ◆ Please remember to wear your lanyard around school at **all times**. This is a safeguarding requirement of the school.

Your Sixth Form Environment

Please keep all the Sixth Form areas clean and tidy and dispose of your litter in the bins provided around the school. This will ensure that your environment is a pleasant one in which to study and to spend time at lunch and break.

