

Langley Park Sport - Senior (6th form & Year 11) Summer Sports Clubs

	Club	Time	Meet	Facility	Changing Room	Staff	Other Details
Monday	Boys Cricket	3.15 - 5.00pm	Sports Centre	OD Nets	CR 6	Mr Bale Mr Harris	All welcome
	Girls Health & Fitness	3.15 - 4.15pm	Sports Centre	Fitness suite	CR 8 (Girls)	Mrs Hasan	All 6th form girls welcome. Girls only session
Tuesday	Cricket Girls	3.15 - 5.00pm	Sports Centre	OD Nets	CR 8 (Girls)	Mr Kempster	All girls welcome - Yr 12-13.
Wednesday	Boys Cricket - Matches	TBC	Sports Centre	OD's		Mr Harris Mr Sims	1st & 2nd XI Fixtures
	Girls Cricket	2.00 - 3.00pm	Sports Centre	Hub 4 Nets	CR 8 (Girls)	Mr Kempster	All girls welcome - Yr 12-13.
	Strength & Conditioning	3.15 - 4.30pm	Sports Centre	Fitness Suite	CR7	Mr Dipple	Invite Only - selected students will be contacted individually
Thursday							
Friday	Fitness Suite	3.15 - 5.00pm	Sports Centre	Fitness Suite	CR 7/8	Mr Blackman	All welcome